



August 2023

Houston Gateway Academy Lunch Preschool

	01		02	
				03
				04
07		08	09	10
Lunch Entree Turkey Pepperoni Pizza Vegetables Diced Carrots Fruit Pears	Lunch Entree Beef Tamales + Queso Dip Vegetables Creamed Corn Fruit Orange	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes & Corn Fruit Red Apple Slices	Lunch Entree Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & French Toast Sticks Vegetables Sweet Potato Hash Fruit Sliced Oranges	Lunch Entree Chicken Tenders & Ketchup Vegetables Crinkle Cut Fries Fruit Diced Peaches
14	15	16	17	18
Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Diced Carrots Fruit Craisins	Lunch Entree BBQ Chicken Slider Vegetables Tater Tots Fruit Sliced Oranges	Lunch Entree Spaghetti & Meatsauce Vegetables Green Beans Fruit Red Apple Slices	Lunch Entree Chicken Nuggets & BBQ Sauce Vegetables Baked Beans Fruit Sliced Oranges	Lunch Entree Cheeseburger Vegetables Wedge Cut Fries Fruit Diced Peaches
21	22	23	24	25
Lunch Entree Beef Crumbles Pizza Vegetables Broccoli Fruit Pears	Lunch Entree Chicken Tenders & Honey Mustard Dip Vegetables Baked Beans Fruit Sliced Oranges	Lunch Entree BBQ Chicken Vegetables Green Peas Fruit Red Apple Slices	Lunch Entree Korean BBQ Chicken Vegetables Broccoli Fruit Sliced Oranges	Lunch Entree Breaded Chicken Sandwich Vegetables Crinkle Cut Fries Fruit Diced Peaches
28	29	30	31	
Lunch Entree Turkey Pepperoni Pizza Vegetables Broccoli Fruit Pears	Lunch Entree Grilled Cheese Vegetables Green Beans Fruit Sliced Oranges	Lunch Entree Beef Taco Vegetables Creamed Corn Fruit Red Apple Slices	Lunch Entree Chicken Parmesan Penne Pasta Fruit Sliced Oranges	

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.